



Winter Lunch

Soup of the Day - 7.50

Served with homemade brown bread

Seafood Chowder - 11.50

Chunky pieces of salmon, white fish and shellfish in a creamy sauce with potatoes and veg

Pesto Chicken Wrap - 14.50

With feta cheese, rocket, sun dried tomatoes, and your choice of fries, soup or salad

Beef Sandwich - 14.50

Slow cooked feather-blade of beef on toasted sourdough with red onion marmalade and cheddar cheese. Served with chips or soup

Falafel Wrap - 12.90

Falafel, avocado smash, lettuce, tomato, sweet chilli mayo with chips or soup

Chicken Caesar Salad - 14.00

Grilled chicken, cos lettuce, bacon, croutons, Caesar dressing

Winter Salad - 13.90

Avocado, asparagus, broccoli, feta cheese, pomegranate, quinoa, pumpkin seeds, toasted almonds with mixed leaves and lemon vinaigrette. *Add chicken - 3.0 / Add prawns - 4.0*

Buttermilk Chicken Burger - 16.90

With shredded lettuce, chipotle mayo, avocado, Asian slaw and skinny fries

BBQ Pulled Pork Bao Bun - 16.00

Slow cooked pulled pork, smothered in a rich bourbon infused barbecue sauce. Served in a light and fluffy bao bun with crunchy Asian slaw and pickled red onions and skinny fries

Scampi Taco - 13.50

Wild Atlantic prawns, avocado smash, lettuce, tomato, taco sauce with chips or soup

Hearty Seafood Pie - 19.90

Chunky pieces of salmon, hake and prawns with baby carrots and tender stem broccoli in a light cream sauce topped with a creamed mashed potato

Prawn and Crab Tagliatelle - 18.00

Fresh tagliatelle topped with prawns and crab meat, simmered in a light garlic and white wine cream sauce with a hint of chilli



ALLERGEN INFO