

POWER OF THE GOWER

### STARTERS

<b>Soup of the Day</b> please ask your server for details	6.90
<b>Succulent Sea Food Chowder GF</b> chunky pieces of fish and shellfish with creamy potato and veg	9.90
<b>Sesame and Black Onion Crusted Calamari</b> with roasted chilli jam and lime mayo	11.90
<b>Chicken Wings</b> • sweet and sticky • classic spicy: hot pepper cayenne, blue cheese dip	11.90
<b>Cauliflower Wings ✓</b> served in our sweet & sticky sauce with blue cheese dressing	9.90
<b>Burrata ✓</b> Locally sourced Irish soft cheese with peach, pomegranate, cherry tomatoes, balsamic and pomegranate glaze	11.90
<b>Fish Taco</b> floury white wrap topped with red cabbage, fresh avocado, tomato salsa and battered hake with our house taco sauce	12.90
• <b>Prawn Pil Pil <i>staff favourite</i></b> pan fried tiger prawns in a light chilli and lime sauce with toasted sourdough	11.90
<b>Garlic and Herb Mussels</b> mussels in garlic and cream velouté with home-made brown bread	13.90
• <b>Beef Croquettes <i>customer favourite</i></b> with honey and wholegrain mustard sauce and shaved parmesan cheese	10.90

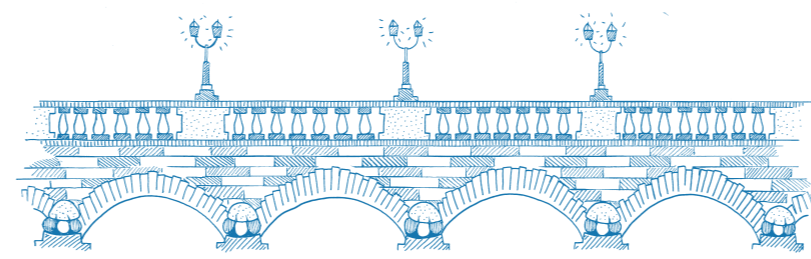
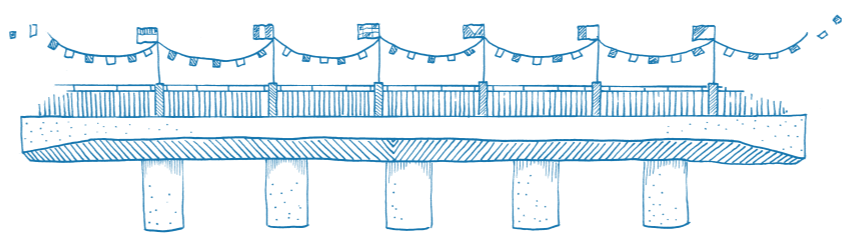
### FROM THE LAND

• <b>Chicken Wings <i>customer favourite</i></b> • sweet and sticky • classic spicy: hot pepper cayenne, blue cheese dip	16.90
<b>Cauliflower Wings ✓</b> served in our sweet & sticky sauce with blue cheese dressing	16.90
<b>Chicken and Waffles</b> pineapple salsa, smoked bacon and corn butter	16.90
<b>Spiced Cannon of Lamb</b> Irish lamb served with tabbouleh salad, mint yogurt, chilli tomato sauce and garlic and coriander naan	24.90
<b>Roast Butter Nut Squash Risotto ✓</b> topped with pumpkin seeds and grated parmesan cheese	16.90

<b>Curragower Falls Burger</b> Two 4oz chuck burger patties, lettuce, beef tomato, crispy bacon, mature cheddar cheese and house sauce, sweet chilli dip, toasted brioche burger buns with chunky chips	17.90
<b>10oz Sirloin Steak</b> served with mini roast potatoes, crispy onion ring and mini Caesar salad, a choice of pepper sauce, Bearnaise sauce or garlic butter	32.90
• <b>Sous-Vide Chicken Supreme <i>staff favourite</i></b> with sweet potato purée, baby carrots, green peas, crispy maple cured bacon, cherry gel and baby potatoes	21.90
<b>Veggie Burger ✓</b> 8oz beyond burger patty with lettuce, beef tomato, smoked cheddar cheese and house sauce, sweet chilli dip, brioche burger bun with chunky chips	18.50
<b>Pan-Fried Gnocci ✓</b> with spinach, roast courgettes, sundried tomato and toasted pine nuts in a creamy sauce	17.90

### FROM THE SEA

<b>Moules-Frites GF</b> classic garlic mussels in a rich creamy sauce with skinny fries	20.90
• <b>Sesame &amp; Black Onion Crusted Calamari <i>customer favourite</i></b> lemon dressing salad, twice-cooked chunky chips and lime mayo	18.90
<b>Lightly Breaded Scampi</b> lemon dressing salad, twice-cooked chunky chips and tartar sauce	18.90



<b>Fresh Fish &amp; Chips</b> fresh fillet of hake in a light and crispy batter with mushy peas, twice-cooked chunky chips and tartar sauce	18.90
<b>Hearty Seafood Pie</b> chunky pieces of salmon, hake and prawns with roasted carrots, tender stem broccoli in a light cream sauce topped with a creamed mash potato	17.90
<b>Pan-Fried Salmon</b> with artichoke purée, roast mixed beetroot, mini roast potatoes, radish and chive emulsion	25.90
<b>Pan-Fried Cod</b> served with cauliflower purée, seafood bon bon, Pomme Anna, creamed leeks and orange gel	23.90

### FULLY LOADED BOXES

<b>Chicken Box</b> spiced chips topped with crispy chunks of chicken, sweet chilli mayo, spring onions and chillis	16.90
<b>Beef Box</b> spiced skinny chips topped with slow cooked feather blade beef, crispy onions, spring onions and pepper sauce	18.90
<b>Fish Box</b> spiced chips topped with chunks of battered hake, calamari, scampi, lemon and garlic aioli and spring onion	18.90

### SIDES

Baby Potatoes: 4.00	Market Veg: 4.00
Twice-Cooked Chunky Chips: 4.00	Jalapeño Poppers: 7.90
Skinny Fries: 4.00	Side Salad: 4.00
Mash: 4.00	

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