

Menu Items Allergen Check List

Note – Please state the name of the cereal(s) containing gluten* and the name of the nut(s)** in the appropriate column

 Type menu items below and indicate allergens using a tick	 Cereals*	 Crustaceans	 Eggs	 Fish	 Peanuts	 Soybeans	 Milk	 Nuts**	 Celery	 Mustard	 Sesame seeds	 Sulphur dioxide & sulphites***	 Lupins	 Molluscs	
KIDS MENU:															
xx KIDS SOUP	✓		✓				✓		✓	✓					
GARLIC MUSSELS	✓	✓					✓		✓			✓			✓
BURGER & CHIP	✓		✓				✓								
FISH & CHIP	✓			✓								✓			
SCAMPI & CHIP	✓	✓					✓				✓				
KIDS WINGS	✓		✓			✓	✓		✓						
GRILLED CHICKEN							✓		✓			✓			
KIDS PASTA	✓		✓												
GOUJONS & CHIPS	✓		✓			✓									
KIDS ICECREAM			✓				✓								
WAFFLES & ICECREAM	✓		✓				✓								
BROWNIE & ICECREAM	✓		✓				✓								
xx check daily xx															

* Containing gluten (wheat, rye, barley & oats)

** Almonds, hazelnuts, walnuts, cashews, pecan, Brazil nuts, pistachio, macadamia

*** e.g. found in sausages, burgers, wine

✓ Means the menu item contains this allergenic ingredient

For more information on how your food business can comply with these legal requirements, please visit www.fsai.ie/allergens or contact us at info@fsai.ie