



The Curragower LUNCH MENU



SOUP

CHOWDER - 7.90

chunky pieces of shellfish,
white fish bound with
luscious potato & veg

SOUP OF THE DAY - 4.90

please ask your server
for details



SALADS & GREENS

SUMMER GREENS

SALAD - 9.90

spinach, broccoli,
peas & broad beans in
honey mustard dressing
with spiced cashew nuts
& crumbled feta cheese

SUMMER VEGETABLE PITHIVIER - 14.90

fresh pastry pie with
courgettes, aubergines,
spinach & broccoli, bound
in goat's cheese, carrot &
thyme purée with
whipped garlic mash

VEGETERIAN

PLATTER - 12.90

aubergine & feta
pakora, halloumi fries,
tatziki, summer greens,
flat breads



FROM THE LAND

BUFFALO BURGER - 14.90

southern fried chicken breast, buffalo sauce, served on a brioche bun
with guacamole and homemade nachos

CURRAGOWER FALLS BURGER - 14.90

Dexter beef burger, Crowe's Farm smoked bacon, cajun mayo, mustard and
dill pickle, shredded gem lettuce, Gower fries

STEAK SANDWICH - 12.90

7oz flank steak in our signature steak rub, burnt butter mayo, crispy fried onions,
gruyère cheese and chimichuri in a baguette served with skinny fries

SAUSAGE & BLACK PUDDING SCOTCH EGG - 8.90

served with celeriac remoulade and apple chutney

SMOKED CHICKEN AND BACON PANZANELLA - 9.90

sourdough, tomatoes, red onions, cos lettuce, torn basil, balsamic vinaigrette

½ PORTION CHICKEN WINGS - 10.0

Your choice, classic spicy or sweet wings, both served with our twice cooked chunky chips



FROM THE SEA

FISH & CHIPS - 14.90

fresh fillet of hake in a crispy Smithwick's ale batter with minted mushy peas,
twice cooked chunky chips & tartar sauce

LIGHTLY BREADED SCAMPI - 14.90

lemon ruby slaw, twice cooked chunky chips and chunky tartar sauce

CHILLI & LIME SALTED CALAMARI - 14.90

lemon ruby slaw, twice cooked chunky chips and lime mayo

PRAWN AND SHRIMP PO BOY - 12.90

shredded gem lettuce, bloody mary cocktail sauce, salsa fresca, skinny fries

FISH SANDWICH - 12.90

panko crusted haddock, minted pea purée, shredded gem lettuce, tartar sauce, in toasted vienna loaf

CLASSIC HADDOCK NICOISE - 13.90

green beans, baby potato, black olives, cos lettuce, crispy soft poached eggs,
balsamic vinaigrette

½ PORTION GARLIC & HERB MUSSELS - 10.0

Fresh mussels served with our twice cooked chunky chips.

- Please ask your server for allergen information -